

## **Super Multi for Children (aroma free) Powder**

### **Description**

#### **Product number B020av - 150 grams of POWDER flavor-free**

Modern multivitamin for children in powder form, without copper. Contains both ordinary vitamins and their coenzyme forms and easily absorbable minerals. This powder can be mixed with food or dissolved in water or juice. This formula has been extended with Vitamin K2 (MK7), which contributes to the maintenance of normal bones. Recently, the amount of vitamin D3 has increased from 1.67 to 3.34 mcg per scoop.

#### **Ingredients and% Reference Intake per level scoop:**

Vitamin A (as palmitate) 200 mcg RE (667 IE) 25%  
Beta carotene 1 mg 10.4%  
Vitamin K1 (phytomenadion) 25 mcg 33.3%  
Vitamin K2-MK7 (menaquinone, from Natto) 15 mcg 20%  
Vitamin D3 3.35 mcg (134 IU) 66.6%  
Vitamin B1 (thiamine HCL) 1.1 mg 89.5%  
Vitamin B1 (thiamine cocarboxylase) 0.67 mg 39.6%  
Vitamin B2 (riboflavin) 1.1 mg 78.6%  
Vitamin B2 (riboflavin-5-phosphate) 0.67 mg 36%  
Vitamin B3 (niacinamide) 1.5 mg 9.4%  
Vitamin B3 (inositol hexaniacinate) 1.5mg 7.26%  
Vitamin B5 (calc.panthotenate) 3.34 mg 55%  
Vitamin B5 (panthetin, pro-coenzyme A) 1.67 mg 28%  
Vitamin B6 (pyridoxal-5-phosphate) 1.1 mg 53.8%  
5-Methyltetrahydrofolate (active folic acid) 70 mcg 31%  
Vitamin B12 (hydroxycobalamin) 4 mcg 153%  
Vitamin B12 (dibencoside) 4 mcg 135%  
Vitamin B12 (methylcobalamin) 4 mcg 158%  
R + Alpha-Lipoic Acid 1.5 mg  
PABA 3.33 mg  
Biotin 16.67 mcg 33.3%  
Choline 10 mg  
N, N-DMG 0.83 mg  
TMG (betaine base) 5 mg  
Inositol 10 mg

Acetyl-L-Carnitine 10 mg

Coenzyme Q10 3 mg

Vit. C (calcium ascorbate) 33 mg 42%

Vit. C (ascorbic acid) 25 mg 31%

Vit. E (d- $\alpha$ -tocopherol succinate) 11.8 IU (8 mg) 65.7%

GTF chromium (Chromemate  $\hat{a}$ ) 16.7 mcg 42%

Selenium (L-Selenomethionine) 10 mcg 20%

Zinc (zinc monomethionine) 1.67 mg 17%

Calcium (bisglycinate / ascorbate) 35 mg 4.4%

Magnesium (bisglycinate) 35 mg 9.3%

Manganese (bisglycinate) 0.4 mg 20%

Molybdenum (sodium molybdate) 6.67 mcg 13%

Iodine (potassium iodate) 32 mcg 21%

Iron (aminochelate) 1 mg 7.1%

Boron (boric acid) 50 mcg

**Filler:** Maltodextrins (from corn). **Acidity regulator:** citric acid. The vitamin K2 in this product is obtained from a fermented, highly purified Natto extract, but may contain very minor traces of soy. All minerals are listed in basic amounts. This product does not contain gluten, lactose, milk proteins or animal gelatin.

Close the packaging well after use and store in a dry place (not in the refrigerator due to condensation). The stated RI values are based on those of adults.

**Usage and warnings:**

Children 1 - 3 years: 1 to 2 x  $\frac{1}{2}$  measuring scoop per day.

Children 3 - 7 years: 2 well-measured scoops per day.

Children 7 - 12 years: 3 well-measured scoops per day.

Dissolve in baby food, water or juice.

Close the packaging well after use and store in a dry place (not in the refrigerator).

One measuring scoop contains 1.6 grams of powder.

Do not exceed recommended dosage. Keep out of reach of children. This dietary supplement is not suitable for children under 1 year. Do not use in hypersensitivity to any of the ingredients in this product. A dietary supplement is not a substitute for a balanced diet.